# Ace Duo



Paracetamol BP 500 mg and Ibuprofen BP 200 mg

## Composition

Each film coated tablet contains Paracetamol BP 500 mg and Ibuprofen BP 200 mg.

#### Pharmacology

Ace® Duo Tablet contains Paracetamol & Ibuprofen. Paracetamol is a medication used to treat pain and fever. It does appear to selectively inhibit COX activities in the brain, which may contribute to its ability to treat fever and pain. Ibuprofen is a propionic acid derivative NSAID that has demonstrated its efficacy by inhibition of prostaglandin synthesis. In humans, ibuprofen reduces inflammatory pain, swellings and fever. Furthermore, ibuprofen reversibly inhibits platelet aggregation.

#### Indications

Ace® Duo Tablet is used for the temporary relief of mild to moderate pain associated with migraine, headache, backache, period pain, dental pain, rheumatic and muscular pain, pain of non-serious arthritis, cold and flu symptoms, sore throat and fever.

# Dosage and Administration

Adults: The recommended dose is 1 tablet with water and food, up to 3 times a day. Leave at least 6 hours between doses. If one tablet does not control symptoms, then a maximum of 2 tablets may be taken up to three times a day. Do not take more than six tablets in any 24-hour period (equivalent to 1200 mg ibuprofen and 3000 mg paracetamol a day). Use in children and adolescents: Not for use by children and adolescents under 18 years. For oral use and for short term use only. Only use the minimum effective dose for the shortest time necessary to relieve your symptoms. You should not take Ace® Duo Tablet for longer than 3 days. If your symptoms worsen or persist, consult your doctor.

#### Contraindications

Ace® Duo Tablet is known to be contra-indicated in patients with allergy to painkillers (NSAIDs) or any of the components or excipients of this medicine. Its use should also be avoided in patients with history of stomach ulcer and kidney/liver disease.

# **Warnings & Precautions**

DO NOT TAKE THIS MEDICINE IF YOU:

- •are already taking any other paracetamol containing product
- are taking any other pain relieving products including ibuprofen, high dose aspirin (above 75 mg per day) or other non-steroidal anti-inflammatory drugs (NSAIDs) including cyclo-oxygenase-2 (COX-2) specific inhibitors
- are allergic to ibuprofen, paracetamol or any other ingredients in this medicine
- are allergic to aspirin or other NSAID painkillers
- •have or ever had an ulcer or bleeding in your stomach or duodenum (small bowel)
- •have blood clotting (coagulation) disorder
- •suffer from heart, liver or kidney failure
- •are in the last 3 months of pregnancy
- •are under 18 years old

#### Side effects

- •Nausea, heartburn or stomach pain
- Loss of appetite
- Diarrhea
- Dizziness
- Drowsiness
- Headache
- Nervousness

# Use in Pregnancy and Lactation

Do not take **Ace Duo** Tablet if you are in the last 3 months of pregnancy as it could harm your unborn child or cause problems at delivery. It can cause kidney and heart problems in your unborn baby. It may affect your and your baby's tendency to bleed and cause labor to be later or longer than expected. You should not take this medicine during first 6 month of pregnancy unless absolutely necessary & advised by your doctors.

#### Drug Interaction

Ace Duo Tablet (like any other paracetamol containing products) is contraindicated in combination with other paracetamol containing products as these may increase the risk of adverse effects.

Ace® Duo Tablet (like any other ibuprofen containing products and NSAIDs) is contraindicated in combination with Acetylsalicylic acid & other NSAIDs including cyclo-oxygenase-2 selective inhibitors as these may increase the risk of adverse effects.

#### Storage

Store below 30°C in dry place. Keep out of reach of children.

# How supplied

Each box contains 30 Tablets in blister pack.

Manufactured by

